

COVID-19 prevention measures in APRC 2021

All incoming participants are required to pass a medical area.

Two medical areas are installed at the entrance to APRC Base Camp- COVID-19 certificates' verification (labeled "Vaccinated") and rapid testing (labeled "Testing").

Rapid tests and disinfectants are provided by organizers.

Upon entering the competition area (Base camp), a COVID-19 rapid test is passed, unless the person submits either:

- a. EU or equivalent digital COVID certificate for immunization, testing or passing (digital COVID certificate)
- b. Proof of PCR testing carried out up to 72 hours or proof of a rapid antigen test up to 24 hours with a negative result, before entering the competition area.

Foreign participants arriving from a country with a coronavirus infection rate higher than 150 must remain in self-isolation for 10 days, which can be shortened if the virus test is negative on day 6.

„A 10-day restriction on the freedom of movement applies on entering Estonia from a country in the European Union, European Economic Area and the Schengen area with an infection rate above 150 persons per 100 000 inhabitants in the past 14 days.“

<https://vm.ee/en/information-countries-and-self-isolation-requirements-passengers>

If any COVID-19 characteristic symptom (fever, dry cough, muscle aches, sore throat, diarrhea, headache, changes in taste or smell, shortness of breath, pain or tightness in the chest) develop during the competition, the person must immediately contact the medical staff who performs COVID-19 rapid testing.

If foreign participants certificates of testing to return to their home country, the testing will be carried out by a civil partner.

The organizer of the competition ensures the availability of disinfectants at the entrances and exits, passageways and toilets. Adequate hand washing facilities are guaranteed. Please bring your own mask with in case we need to use them.

We kindly ask you to look at the references:

<https://www.kriis.ee/en/travelling-commercial-freight>

<https://vm.ee/en/information-countries-and-self-isolation-requirements-passengers>

<https://vm.ee/en>

The information is updated every week.